

**TITLE**

La Trottola



**TITLE IN ENGLISH**

The spinning top

**OTHER COUNTRIES WHERE THE GAME WAS/IS PLAYED**

Italy, Poland (Bąk), Spain (Trompo in Canary Islands, Peonza in Spain ), Portugal (Pião)

**ORIGIN:**

The trottola dates back to 6000 years ago and some were found in the course of excavation works in Pompeii. This game was very famous in Rome, where politicians and plebes alike used to play with it. Mostly made with wood, it rotated through a rope. From North to South, one'll still find nonni (grandparents), who have at least once played with a trottola with their grandchildren.

**MINIMUM NUMBER OF PARTICIPANTS**

1

**MAXIMUM NUMBER OF PARTICIPANTS**

10+

**MATERIAL AND BUILDING INSTRUCTIONS**

The spinning top.

**SETTING:**

Indoor or outdoor.

**DESCRIPTION OF THE GAME:**

The game consists of twisting a string around the top and throwing it a couple of meters forward by pulling the string with force. Quickly unwinding, the string gives the spinning top a rotary movement that allows the object, once fallen to the ground, to keep the balance by turning quickly on the "arrow".

**RULES:**

Each player is at a distance of 3 m from the square game board and throws the top. The spinning top must not come out of the game square and the one who managed to make it rotate wins longer.

**LEARNING OUTCOMES | COMPETENECES TO BE DEVELOPED THROUGH THE GAME:**

Psychomotor abilities: body coordination, agility, balance, speed, spacial perception, aim.

Social skills: Social interaction, communication, cooperation.

Intellectual abilities: Strategy, decision making, problem solving. concentrarion.

ILLUSTRATION:

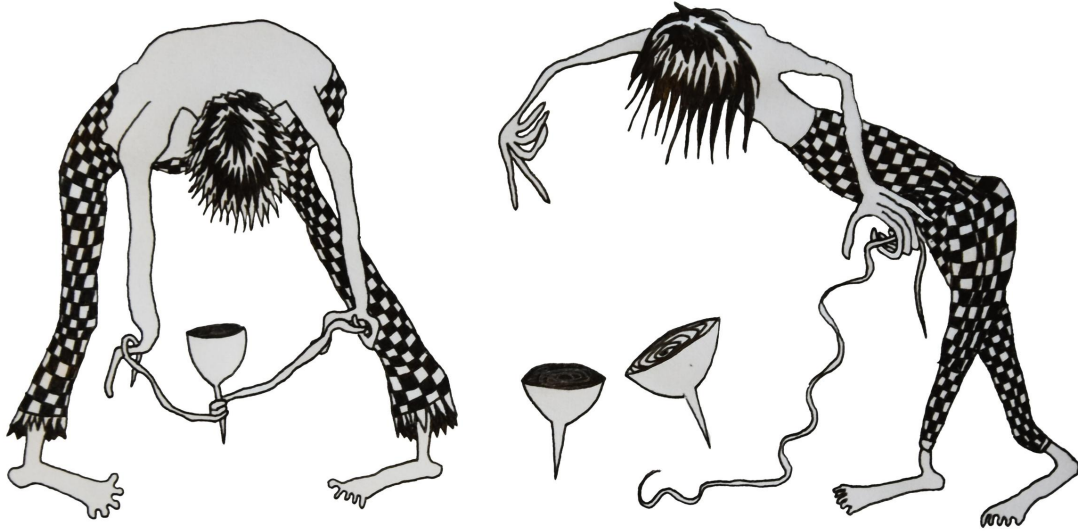


Illustration by Hubert Wencel